



## General Information – Meyer Lemon

Scientific Name: *Citrus limon 'Meyer'*

### **Meyer Lemons have a low acidity with a sweet taste**

The Meyer lemon is believed to have been crossed with a mandarin and a normal lemon, the less acidic and sweeter flavour of the Meyer lemon means the lemon is good for beverages, cooking and baking. The rind / skin of the Meyer lemon has a smooth feel and the colour can vary from bright yellow to a deeper yellow with an orange hue.

### **Sizing**

The size of the Meyer lemons are shown in fruit counts on the cartons. The counts or pieces of fruit per carton range from,

195 count (Small)

165 count

140 count

115 count

95 count

75 count (Large)

### **Carton weights**

The Meyer lemons are shipped in a sturdy paperboard carton. All cartons are packed with a total gross weight of 18kgs and a nett total fruit weight of 17.2kg. The carton gross, nett weights are printed on the carton along with the fruit count. We over pack our cartons by 200g to insure a minimum nett fruit weight of 17kg per carton.

### **Availability**

Meyer Lemons are available from May to September





## Nutrition Information

- Calories 25 Calories from Fat 0
- Total Fat 0g 0%
- Saturated Fat 0g 0%
- Trans Fat 0mg 0%
- Cholesterol 0mg 0%
- Sodium 0mg 0%
- Potassium 100mg 3%
- Total Carbohydrate 4g 1%
- Dietary Fiber <1g 2%
- Sugars 1g 0%
- Protein <1g 0%
- Vitamin A 0%
- Vitamin C 20%
- Calcium 2%
- Iron 0%
- Thiamine 2%
- Riboflavin 2%
- Niacin 2%
- Vitamin B6 2%
- Folate 8%
- Pantothenic Acid 2%
- Phosphorus 0%
- Zinc 0%
- Magnesium 2%
- Selenium 0%
- Copper 2%
- Manganese 2%

\*Values are based on a 2,000 calorie daily diet and a medium size Meyer lemon.